



Reading, Writing and Math Camp

This intensive, instructional camp, taught by an ESE teacher, is for all ages and learners. Using strategies based on research, skill areas will target phonemic awareness, phonics, spelling, reading fluency, vocabulary development, writing, higher-order thinking skills, and comprehension. Math lessons will cover key math concepts and skills. Instruction is combined with games to make learning fun. A unique plan is designed to meet your child's needs and maximize gains. Great opportunity to prepare for the next school year.

Sessions can be held in-person or over zoom. July 26-30th. Individual and group options available.

Middle School Girls Group

This group aims to support middle school girls going through a variety of issues related to tween years, middle school stressors, anxiety and social relationships. Group will begin on June 9th and run for 6 weeks, ending July 21st. *This is a virtual group*



Gaming and Socializing

Enjoy low-pressure, social activities that use gaming platforms to build relationships and social skills. Groups are supervised for a social safety net as needed. Must have camera on to identify participants at all times. Group will meet for 1.5 hours on Thursday afternoons. 15 min. check in, 45 mins. of gaming and 15 min. check out/debriefing.

Games will include: Minecraft, Among Us and Roblox. Co-ed group for ages 9-12. Group will meet for 8 weeks.

www.protherapyplus.com
813-966-7064

PROTHERAPYPLUS SUMMER GROUPS AND CAMPS

SIGN UP TODAY!
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ERICA@PROTHERAPYPLUS.COM



Virtual Summer Camp

Get ready for a week of fun! This camp is appropriate for all kids ages 14-18. Games, activities and surprises make this a week to remember! Camp boxes will be delivered to each participant. Camp will be held July 26th-30th from 2:00-5:00pm. Zoom information will be provided.

Dialectical Behavioral Therapy (DBT) Adolescent Skills Group

This is a 12-week program focused on teaching DBT skills grouped under the following categories: education about DBT, mindfulness, walking the middle path, distress tolerance, emotional regulation, and interpersonal skills. Adolescents are required to attend with one parent. Group will begin June 9th and meet weekly on Thursdays from 6:30-8:00pm. Participants can either attend in- person or virtually.



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Life Skills and Career Camp

This camp is offered to students ages 15+ and will build skill sets and knowledge in social skills and professionalism in the workplace. Led by our ESE teacher, students will discuss and learn about managing work relationships, understanding feelings, attitudes and expectations of self and others and work etiquette.

The last day of camp will include an on-site job tour with a discussion from the owner of a business. this camp will be held over zoom, with the exception of June 18th for the in-person business tour. June 14th-18th - 10:00-11:00am.

Independent Functioning Skills/Executive Functioning Skills Camp

This intensive camp is offered to provide assistance in the areas of organization, self advocacy and social skills. Students will work to develop coping strategies while they learn and model time management, organization, and self-monitoring skills.

Students will define goals for their work in collaboration with their tutor. This builds trust with the student, enhances motivation and demonstrates vital initiating, planning, and problem solving skills. Camp is open to students ages 10-18. and will be held virtually, over zoom, June 7-11th - 2-3pm.



All Sports Camp

This camp is offered to give kids an opportunity to learn about different sports and to enhance their skills in working in a team setting. Skill sets for various sports will be taught throughout the week and will allow for movement, fun and some time outdoors. This co-ed camp, taught by our ESE teacher, is for ages 7-13 and will be held in person, outside, at our Lutz office location. Camp will be June 7th-11th - 10:00-11:00am



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