



creativeLEAPS

**PRO THERAPY PLUS
8 WEEK PROGRAMS**

Pro Therapy Plus



Saturdays: 3/16/19 - 5/4/19

Program Name: **Rock Band**

- **Days and Times:** Saturdays: 3/16/19 - 5/4/19 (8 weeks)
- **Location:** Pro Therapy Plus Lutz, FL
- **Group Size:** Min 4, max 6 participants
- **Cost:** \$320 for 8-week session (\$160 due by 3/18/19, \$160 Payment due by 4/15/19)
- **Ages:** Pre teen (9 - 12) and up, all abilities welcome! [No musical experience necessary!](#)
- **Goals:** Facilitated by music therapists, our Rock Band participants will be working on cognition, socialization, and fine/gross motor abilities. Participants will learn proper usage and care of a variety of instruments, practice personal responsibility of practicing to maintain and build technique as well as learn new music and create original music. A successful Rock Band requires peer collaboration and cooperation, self-expression, creativity and problem-solving as a group. Participants will also practice working in an organized manner with deadlines for performances, and learn to read and write some kind of musical notation to archive their creativity.

A Unique Program: Every “Rock Band” course is tailored by the music therapist to address the individual client as well as the group as a whole. The program will evolve in order to accommodate various factors such as clients physical and cognitive strengths and areas of need. The course is administered once a week, ending with a performance to showcase all the skills acquired during the sessions (performance date and time TBD).

Instruments Provided for Class: Creative Leaps will provide the instruments (at no additional cost) that will be used during each session. Participants will not be able to take instruments home but are encouraged to practice at home in a variety of ways, listen to recordings, and if they have instruments, they are encouraged to practice them and bring them to the sessions.



Program Name: Ukulele Choir

- **Days and Times:** Saturdays 12:30 p.m. - 1:20 p.m., 3/16/19 - 5/4/19 (8 weeks)
- **Location:** Pro Therapy Plus Lutz, FL
- **Group Size:** Min 4, max 6 participants
- **Ages:** Pre teen (9 - 12) and up, all abilities welcome! No musical experience necessary!
- **Cost:** \$256 for 8-week session (\$128 due by 3/18/19, \$128 due by 4/15/19)
- **Goals:** Facilitated by music therapists, our Ukulele Choir members will be working on cognition, socialization, responsibility, and cooperation.

A Unique Program: The Focus of “Ukulele Choir” is to learn the ukulele which is an accessible instrument that can be used in the sessions and at home to help achieve personal goals. Participants will learn proper care and usage of the ukulele while working on their fine motor control and bi-manual coordination. Participants will engage their cognitive abilities by participating in song writing and peer collaboration to create music as an ensemble. Participants will have ample opportunities to express themselves by creating original music, and exploring the different sounds that can be produced with the ukulele. Participants will learn personal responsibility by practicing on a regular basis in order to maintain and build their playing technique. Each session is tailored to accommodate the individual clients while working toward group goals.

Instruments Provided for Class: Ukuleles will be provided to clients by Creative Leaps (at no additional cost), but will not be available for clients to take home. We will provide information about where to purchase ukuleles that are reasonably price.



Program Name: Voice Power

- **Days and Times:** Saturdays 2:00 p.m. - 2:50 p.m.; 3/16/19 - 5/4/19 (8 weeks)
- **Location:** Pro Therapy Plus Lutz, FL
- **Group Size:** min 4, max 10 participants
- **Ages:** Pre teen (9 - 12) and up, all abilities welcome! No musical experience necessary!
- **Cost:** \$240 for 8-week session (\$120 due by 3/16/19, \$120 due by 4/15/19)
- **Goals:** Participants will learn how to use their voice properly, strengthen their respiratory muscles, and maintain their voice healthy.

A Unique Program: Participants will focus on taking a proper breath, participate in fun articulation exercises, use the correct muscles for singing (to decrease tension), strengthen their respiratory muscles, and work on slowly and gently increasing their vocal range and dynamics. Our group is a safe place for people to use their voice and not be judged. We will provide ample opportunities for musical self-expression, singing favorite songs, as well as creating new songs. Our goal is to help individuals build self-confidence by helping them find their unique voice and helping them learn how to be comfortable use it. Each session is tailored towards the individual needs of the participants while maintaining a focus on group goals.

Instruments Provided for Class: Instruments and music will be provided (at no additional cost) during the sessions to help encourage the clients to sing and provide unique and fun styles of instrumental accompaniments. Instruments will not be available for participants to take home, but they are encouraged to use instruments they own when they practice at home, and may bring them to the sessions.



creativeLEAPS

Contact us: 813-815-3277

Email: info@creative-leaps.com

www.creative-leaps.com

Follow us

